

GYMNASIUM SCHEDULE--MARCH 2020

	EAST GYM (side closest to entrance doors)	WEST GYM (far side of the gym)
SUNDAY	5-6pm: Adult Soccer	5-6pm: Adult Soccer
MONDAY	6-7am: Commit 6-9pm: Adult Volleyball League	715-8am: SACC 4-5pm: SACC 6-9pm: Adult Volleyball League
TUESDAY	830am-12pm: Pickleball 530-630pm: Dry Land 7-8pm: Y-Sports Program	715-8am: SACC 830am-12pm: Pickleball 4-5pm: SACC 630-8pm: Drop In Teen Volleyball
WEDNESDAY	6-7am: Commit 930-10am: The Two's 730-9pm: Adult Drop In Basketball	715-8am: SACC 315-415pm: After School Intramurals 4-5pm: SACC 730-9pm: Adult Drop In Basketball
THURSDAY	830am-12pm: Pickleball 530-630pm: Dry Land	715-8am: SACC 830am-12pm: Pickleball 4-5pm: SACC 5-9pm: Batting Cage Reservations
FRIDAY	930-10am: The Two's 1015-1115am: The 3 and 4's 7-9pm: Pickleball Night	715-8am: SACC 9-1030am: Beginner Pickleball 5-7pm: Batting Cage Reservations
SATURDAY	730-830am: Commit	9-945am: KinderSports 10am-12pm: Y-Sports Program

-The gym is closed for the above scheduled activities.

-If nothing is scheduled in the gym, it is open gym.

-Events may be added throughout the month so check with the Member Services Desk for changes.

BATTING CAGES

- Contact Jen Hayes, Sports Director for available days & times

GYM GUIDELINES

- Open to Y Members 11 years and older, youth under 10 must be accompanied by a supervising adult
- Water Only--No food or drinks
- Sneakers only
- No skates or wheeled shoes of any kind
- Please be considerate of other people
- Good sportsmanship is expected at all times
- YMCA programming takes priority over open gym time
- No dunking or hanging on rims
- Basketballs available at Member Services Desk
- Do not throw or kick items up at the Cages
- Wristbands may be required
- WE RESERVE THE RIGHT TO MODIFY THE RULES AT OUR DISCRETION TO ENSURE THE SAFETY OF ALL MEMBERS, GUESTS AND STAFF.

Suggestions for programs or gym questions please contact Jen Hayes, Sports Director at Skaneateles YMCA and Community Center, 315-685-2266 or jen@auburnymca.net