



**STRONG SWIMMERS
SAFE KIDS**



SWIM LESSONS AT THE AUBURN YMCA

All Classes are held on Saturdays

**Session Date:
November 7- December 19**
No class on Nov. 28

Registration Deadline: November 3

SWIM LESSON SELECTOR

All children are tested on the first day of classes, if your child needs to move to another class the instructor will inform you.

Under 3

If your child has never taken lessons at the Y before please sign them up for:
Swim Starters, Water Discovery (A)

Ages 3-5

If your child has never taken lessons at the Y before please sign them up for:
Preschool Lessons, Water Acclimation (1)

**SIGN UP TODAY
SPACE IS LIMITED!**



SWIM STARTERS AGES 6 MON.-3 YRS

Lessons 30 min. Adult must accompany child in water.

A. Water Discovery 10:00-10:30 am

B. Water Exploration 11:00-11:30 am

Session Fees	Y Member	Y-Family Member	General Public
Swim Starters	\$40	\$20	\$80
Preschool	\$50	\$25	\$100
School Age	\$50	\$25	\$100

PRESCHOOL LESSONS AGES 3-5 YEARS

1. Water Acclimation 10:40-11:10 am

2. Water Movement 9:00-9:30 am

3. Water Stamina 9:00-9:30 am

4. Stroke Introduction 10:40-11:10 am

SCHOOL AGE LESSONS...AGES 6-12 YRS

1. Water Acclimation 8:30-9:00 am

2. Water Movement 8:30-9:00 am

3. Water Stamina 9:30-10:00 am

4. Stroke Introduction 9:30-10:10 am

5. Stroke Development 8:30-9:10 am

6. Stroke Mechanics 8:30-9:10 am

**TO REGISTER STOP BY THE MEMBER SERVICES DESK OR CALL THE AUBURN YMCA
AT 315-253-5304 OR SIGN-UP ONLINE AT WWW.AUBURNYMCA.ORG.**

For more information contact Aquatics Director: Erin Johnson, 315-253-5304 ext. 1012 or erinj@auburnymca.net