



SWIM LESSONS AT THE SKANEATELES YMCA & COMMUNITY CENTER



Classes held Saturdays

Session I : Jan 9 – Feb. 27

Registration Dates: **Now until Jan 06**

Online Registration Coming Soon!

Program Fees:

Session Fees	Y Member	Y-Family Member	General Public
Swim Starters	\$40	\$20	\$80
Preschool	\$50	\$25	\$100
School Age	\$50	\$25	\$100

TO REGISTER CALL THE SKANEATELES Y AT 315-253-5304

SWIM LESSON SELECTOR

All children are tested on the first day of classes, if your child needs to move to another class the instructor will inform you.

Under 3

If your child has never taken lessons at the Y before please sign them up for:
Swim Starters, Water Discovery (A/B)

Ages 3-5

If your child has never taken lessons at the Y before please sign them up for:
Preschool Lessons, Water Acclimation (1)

SCHOOL AGE LESSONS...AGES 6-12 YRS

1. Water Acclimation 10:30-11:00am
2. Water Movement 10:30 -11:00am OR 11:15-11:45am
3. Water Stamina 10:30-11:00am OR 11:15-11:45am
4. Stroke Introduction 11:15- 11:45am



PARENT & CHILD SWIM STARTERS AGES 6 MON.-3 YRS

Lessons 30 min. Adult must accompany child in water.

Stage A/B 9:00-9:30 am

PRIVATE LESSONS AVAILABLE BY APPOINTMENT

SWIM LESSON POLICIES:

Each participant will get an assigned space for changing and showering purposes the 1st night of lessons.

*Water Discovery & Water Exploration:

participant is allowed one parents/guardian in the water with their child.

***Preschool Classes:** parent/guardian can stay & watch the lesson. They will be asked to wear a mask & bleachers will be marked to determine that people are 6 ft. apart.

***School Age Classes:** parent/guardian are allowed in the building with participant to help them get situated. Once the lesson starts we are asking that adult leave and not stay in the pool area.

PRESCHOOL LESSONS AGES 3-5 YEARS

1. Water Acclimation 9:00 -9:30am Or 9:45-10:15am
2. Water Movement 9:00-9:30 am Or 9:45-10:15am
3. Water Stamina 9:45am -10:15am

For more information contact
Aquatics Director
Christine Casazza at 315.685.2266 OR
Christinec@auburnymca.net