



# SWIM LESSONS AT THE SKANEATELES YMCA & COMMUNITY CENTER



## Classes held Saturdays

Session I: March 6 - May 1\*

\* No Class 4/3

Registration Dates: February 22- March 3

Session II: May 8 - June 26\*

\* No class May 29

Registration Dates: April 26 - May 5

## Online Registration

Now Available ----->



## Program Fees:

Session I - 8 weeks

Session II - 7 weeks Pricing adjusted

Session Fees	Y Member	Y-Family Member	General Public
Swim Starters	\$40/35	\$20/18	\$80/70
Preschool	\$50/44	\$25/22	\$100/88
School Age	\$50/44	\$25/22	\$100/88

**TO REGISTER BY PHONE, CALL THE SKANEATELES Y AT 315-685-2266**

### SCHOOL AGE LESSONS...AGES 6-12 YRS

**SWIM LESSON SELECTOR**  
All children are tested on the first day of classes, if your child needs to move to another class the instructor will inform you.

#### Under 3

If your child has never taken lessons at the Y before please sign them up for:  
Swim Starters, Water Discovery (A/B)

#### Ages 3-5

If your child has never taken lessons at the Y before please sign them up for:  
Preschool Lessons, Water Acclimation (1)

#### PARENT & CHILD SWIM STARTERS

AGES 6 MON.-3 YRS

Lessons 30 min. Adult must accompany child in water.

Stage A/B                      9:00-9:30 am

#### PRESCHOOL LESSONS AGES 3-5 YEARS

1. Water Acclimation: 9:00 -9:30 am OR 9:45-10:15am

2. Water Movement: 9:00-9:30 am OR 9:45am -10:15am

3. Water Stamina: 9:40am 10:15am

For more information contact  
Aquatics Director  
Christine at 315.685.2266 OR  
christinec@auburnymca.net

1. Water Acclimation 1030-11:00am
2. Water Movement: 10:30 -10:00am OR 11:15-11:45am
3. Water Stamina: 10:30-11:00am OR 11:15-11:45am
4. Stroke Introduction :11:15- 11:45am

#### PRIVATE LESSONS AVAILABLE BY APPOINTMENT

#### SWIM LESSON POLICIES:

Each participant will get an assigned space for changing and showering purposes the 1st night of lessons.

**\*Water Discovery & Water Exploration:** participant is allowed one parents/guardian in the water with their child.

**\*Preschool Classes:** parent/guardian can stay & watch the lesson. They will be asked to wear a mask & bleachers will be marked to determine that people are 6 ft. apart.

**\*School Age Classes:** parent/guardian are allowed in the building with participant to help them get situated. Once the lesson starts we are asking that adult leave and not stay in the pool area.

**Emerson Pool:** enter through the main entrance and exit the building using the westlake Rd. exit located at the back of the Emerson Pool. If someone is staying to workout, we ask that they wait until the class starts and then they can exit using the main entrance of the pool.

**AR Pool:** enter and exit, through the main doors.