



Auburn YMCA-WEIU Adult Participant Release & Waiver of Liability and Indemnity Agreement

PLEASE READ CAREFULLY. THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT YOU ARE RELEASING AUBURN YMCA - WEIU FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE.

Assumption of Risk

I acknowledge and agree that any use of Auburn YMCA - WEIU facilities, services, equipment and premises ("Facilities") and any participation in Auburn YMCA - WEIU programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, agree that Auburn YMCA - WEIU, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.

Code of Conduct

The Auburn YMCA-WEIU is committed to providing a safe and welcoming environment for all. For the safety and comfort of those who are in our facility, participating in our programs, or on grounds, we ask individuals to act in a manner that upholds our guiding principles of honesty, responsibility, caring and respect at all times and to comply with all Y polices and rules regarding use of facilities and equipment.

Requirements for personal safety and social distancing:

- Forehead thermometer temperature scans will be required of all individuals entering the facility.
- Members are to wear face masks /coverings in the building when they are not working out.
- Cleaning supplies are available for you to sanitize equipment before and after use.
- Maintain a distance of no less than 6 feet from others at all times.
- Bring your own towel, water bottle and yoga mat, keep these items with you at all times.
- Stay home if you feel sick.
- Scan your membership card at each visit.

I understand that failure to comply with the safety measures that have been reviewed by the Cayuga/Onondaga Health Departments could result in revocation of your membership. I acknowledge the mission of the Auburn YMCA is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. I will act responsibly and respect the rights and dignity of other members and staff. I understand can be denied or terminated for not following the YMCA rules and policies. I assume responsibility for injuries sustained. The YMCA may use my/our likeness for promotional purposes.

Date: _____

Full Name (please print clearly): _____

Signature: _____