



Y CHILDWATCH

Y-MEMBERS MAY BRING THEIR OWN CHILDREN, AGES 6 months -7 YEARS to Y-Child Watch while they work out. Parents must remain in the Y. Children should not need bottles or diaper changing nor require one-on-one supervision. Parents are welcome to play with their children during Y Child Watch anytime.

Guidelines for Parents

1. Parents must remain in the YMCA while their child is in Child watch.
2. All children must be signed in and out.
3. Children will only be released to the parent or guardian whose name appears on the sign-in sheet.
Please note: I.D. may be required.
4. Parents must see to their child **immediately** if called from the program area by staff, not at the end of their workout.
5. **A child's stay can't exceed more than one hour for ages 6 months to age 2 and two hours for ages 2-7 years old.**
6. Staff reserves the right to suspend a child's play if their behavior warrants it.
7. The YMCA is not responsible for personal property left in the child watch area.
8. Parents should review the below Code of Conduct with their child prior to leaving them in Y Child Watch.
9. No snacks or drinks are allowed in the child watch area. Labeled water bottles and sippy cup with water is acceptable.
10. **A child who is ill cannot attend child watch. Do not send your child if she/he exhibits any of the following symptoms:**

Fever	Diarrhea	Vomiting	Heavy Coughing	Any unexplained rash
Sore Throat	Thick Nasal Discharge	Abdominal Pain	Ear Ache	Discharge from eyes

A child must be free of fever for 48 hours before returning to child watch. If a child shows any symptoms of illness while in attendance, the parent/guardian will be notified to pick up the child.

Child Watch Code of Conduct

Please help us ensure that all Y Child Watch participants have a positive experience while enjoying the Y facilities. We ask that all members, guests and staff display the values of honesty, caring, respect and responsibility while at the Y. Please review the following guidelines with your child prior to leaving them in Y Child Watch.

- Be considerate of other people – play gently, share, cooperate with each other. If you cannot work out a problem, ask a staff member for help.
- Treat other people with respect. Keep your hands to yourself.
- Treat the equipment and toys gently and with respect. Return everything to its proper place when you are done.
- Respect the staff. Listen to what they have to say.
- Obey the safety rules. Always ask a staff member first if you need to go to the bathroom.
- Ask your mom and dad to play with you - It's great fun!

Hours of Operation

Monday-Thursday 4:30-6:45 pm

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YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind & body for all.
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