

Competition Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am - 12:30pm	5:30am - 12:30pm	5:30am - 12:30pm	5:30am - 12:30pm	5:30am - 12:30pm	8:00am - 4:00pm	9:00am - 4:00pm
3:00pm - 7:30pm	3:00pm - 7:30pm	3:00pm - 7:30pm	3:00pm - 7:30pm	3:00pm - 7:30pm		

Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am - 12:00pm	7:30am - 12:00pm	7:30am - 12:00pm	7:30am - 12:00pm	7:30am - 12:00pm	9:00am - 4:00pm	9:00am - 4:00pm
3:00pm - 6:00pm	CLOSED	3:00pm - 6:00pm	3:00pm - 6:00pm	3:00pm - 6:00pm		

Items of Note:

Lightning in competition pool M-F 5:30pm-7:30pm, Saturday 8:00am-10:00am
Pre-Lightning in leisure pool M-Th 5:30pm-6:30pm

Deep water fitness class in competition pool M-F 8:30am-9:30am
Shallow water fitness class in leisure pool T-TH 7:45am-8:30am
Aqua Zumba in leisure pool Mondays 9:30am-10:15am