



# STRONG SWIMMERS. CONFIDENT KIDS.

## Late Winter Session 2025

Week of April 28 – June 2025

STAGE	Saturday	Monday	Tuesday	Wednesday	Thursday
<b>SWIM STARTERS</b>					
Water Discovery (A)	9:15–9:45am E		5:15–5:45pm E		
Water Exploration (B)	9:50–10:20am E				5:15–5:45pm E
<b>PRE SCHOOL</b>					
Water Acclimation (1)	10:40–11:10am E		5:15–5:45pm E		
Water Movement (2)	10:40–11:10am E				5:15–5:45pm E
Water Stamina (3)	11:20–11:50am E	6:00–6:30pm E			
Stroke Introduction (4)	11:20am–12:00pm E				
<b>SCHOOL AGE</b>					
Water Acclimation (1)	9:15–9:45am A			6:00–6:30pm E	
Water Movement (2)	10:05–10:35am A			6:00–6:30pm E	
Water Stamina (3)	10:05–10:35am A	6:00–6:30pm E			
Stroke Introduction (4)	10:05–10:45am A				7:00–7:40pm E
Stroke Development (5)	9:15–9:55am A				
Stroke Mechanics (6)	9:15–9:55am A				
Level 5/ 6 Combined			7:00–7:40pm E		
<b>KEY</b>	<b>E = Emerson Pool</b>	<b>A = AR Pool</b>			

### SWIM LESSON SELECTOR

All children are tested on the first day of classes, if your child needs to move to another class the instructor will inform you.

#### Under 3

If your child has never taken lessons at the Y before please sign them up for:  
Swim Starters, Water Discovery (A/B)

#### Ages 3–5

If your child has never taken lessons at the Y before, please sign them up for:  
Preschool Lessons, Water Acclimation (1)

### Registration Information

**YMCA Family Member**  
\$55

**YMCA Member**  
\$110

**General Public**  
\$165

Y Members, please register in person to secure your priority spot/rate. Online registration will not be available until General Public registration opens. Registration closes April 23, 2025.

**Please note SWIM STARTERS is a caregiver / child program an adult must be in the water during lessons.**