ALLYN-RIFORD POOL SCHEDULE

6/30/2025 **Effective** MON WED FRI TUE THUR SAT SUN 7/1 9 7/2 7/3 7/6 6/30 7/4 7/5 5:00 5:00 6:00 6:00 Laps Laps 7:00 7:00 7:15 7:30 Break 7:30-Laps Break 7:30-Laps 7:30 7:45 Laps 8:00 8:00 Laps Laps C 8:30 8:30 L Break 8:45-9 Break 8:45-9 8:45 0 Break 9-9:15 9:00 Break 9-9:15 9:00 S 9:15 Aqua HiIT Aqua HiIT Е 9:30 Aquacize Aquacize 9:30 D Laps/Family 10:00 Break 10-10:1! Break 10-10:15 10:00 F 10:15 10:15 Laps/Family 0 Laps Laps R Laps Laps 11:00 11:00 11:15 4 11:30 Т Break 11:45-Break 11:45-Break 11:45- Break 11:45-11:45 Н Noon Noon Laps Laps Laps Laps 0 F 1:00 1:00 J 1:30 PM 1:30 U SACC (lanes 1-SACC (lanes 1-1:45 PM Laps/Family Laps/Family 2:00 2)/Laps (lanes 2)/Laps (lanes 2:00 Υ 3-6) 3-6) 2:30 PM 2:45 PM 2:45 PM 3:00 Break 3-3:15 Break 3-3:15 3:00 3:15 3:30 Laps: lap 3:45 PM 3:45 PM Laps/Family Laps/Family Laps/Family Laps/Family member 4:00 4:00 swimmers of any age. 4:30 4:30 Adult- For Break 4:45-5 Break 4:45-5 | Break 4:45-5 | Break 4:45-5 5:00 adult 5:00 members only Laps/Family Family: Open 5:45 swim for all 6:00 6:00 members. Laps/Family Laps/Family Laps/Family AquaHigh/ 6:30 PM DWF 6:30 PM Children under 6 yrs old must 7:00 7:00 be within arm's reach of supervising adult in the water. 7:30 7:30 PM Children 6-7 must have an adult in the pool area and pass the deep-8:00 8:00 end test, wear a lifejacket, or be accompanied by an adult within 8:30 arm's reach in the water. Children under 5' who cannot pass the 9:00 9:00 deep-end test must be accompanied by an adult within arm's reach in the water or wear a

EMERSON POOL SCHEDULE

Effective 6/30/2025

	MON	TUE	WED	THUR	FRI	SAT	SUN	
5:00	6/30	7/1	7/2	7/3	7/4	7/5	7/6	5:00
5.00								5.00
6:00								6:00
6:00								0:00
7.00								7.00
7:00								7:00
7:30								7:30
8:00	Laps		Laps					0.00
8:00					CLOSED FOR			8:00
8:30					THE 4th OF JULY!!			8:30
0.00	Deep Water		Deep Water		JULT!!			0.00
9:00	Fitness		Fitness					9:00
9:30						J		9:30
		Town of Niles		Town of Niles				
10:00		Swim Lessons		Swim Lessons				10:00
10:30								10:30
		SACC Swim		SACC Swim				
11:00								11:00
11:30								11:30
Noon								Noon
12:30								12:30
1:00								1:00
1:30 PM								
2:00								2:00
2:30								
2:45								
3:00							Lama: lan	3:00
3:30							<u>Laps</u> : lap member	
							swimmers of	
4:00							any age.	4:00
4:30							<u>Adult</u> - For	4:30
							adult	
5:00							members only Family: Open	5:00
5:30		Laps/Family					swim for all	5:30
5:45		, , , , , , , , , , , , , , , , , , , ,					members.	
6:00		ΛαμαΨiαh/				Children	Cama ald a	6:00
		AquaHigh/ DWF				within arm's reach	6 yrs old must be of supervising adult	
		2 ***				in the water. Child	lren 6-7 must have	
7:00						an adult in the pool area and pass the deep-end test, wear a lifejacket, or be	7:00	
						accompanied by ar		
						reach in the water.	Children under 5'	
8:00						who cannot pass		8:00
						must be accompa within arm's reach i		
						a lifej		
9:00								9:00