ALLYN-RIFORD POOL SCHEDULE

Effective 3/22/2025 - Amended

	MON	TUE	3/22/2025		FRI	SAT	SUN	
9	9/22	9/23	WED 9/24	THUR 9/25	9/26	9/27	9/28	
	9/22	9/23	9/24	9/25	9/20	9/2/	9/28	E.00
6:00	Laps		Masters (lanes 3- 5)/Laps (lanes 1-2 & 6)		Masters (lanes 3-5)/Laps (lanes 1-2 & 6)			6:00
7:00 7:15	Break 7:15-	Laps	Laps Break 7:15-	Laps	Laps Break 7:15-			7:00
7:30 7:45 8:00	Laps/DWF (lanes 1-2)	сарз	Laps	сарз	Laps	Laps		7:30 8:00
8:30 8:45 9:00	Break 9-9:15	Break 8:30-	Break 9-9:15	Break 8:30-	Break 8:30-		Laps(lanes 1- 3)/Masters (lanes 4-6)	8:30 9:00
9:15 9:30	Aquacize	Aqua HiIT	Aquacize	Aqua HiIT	Water Boot Camp	Laps/Family	,	9:30
10:00 10:15	Break 10-10:15		Break 10-10:15		Break 10-10:15	Swim Lessons	Lana (Fauri	10:00 10:15
11:00 11:15	Laps	Laps	Laps	Laps	Laps	Laps/Family	Laps/Family	11:00
11:30						2000, 1 011111,		
11:45	Break 11:45-	Break 11:45-	Break 11:45-	Break 11:45-	Break 11:45-			
Noon	Laps	Laps	Laps	Laps	Laps			Noon
1:00 1:30 PM 1:45 PM 2:00	Laps/Family	Laps/Family	Laps/Family	Laps/Family	Laps/Family			1:00 1:30 2:00 2:30 PM 2:45 PM
3:00	Break 3-3:15	Break 3-3:15	Break 3-3:15	Break 3-3:15	Break 3-3:15			3:00
3:15 3:30 3:45 PM 4:00		Laps/Family					Laps: lap member swimmers of any age.	3:45 PM 4:00
4.50	Break 4:45-5	Break 4:45-5	Break 4:45-5	Break 4:45-5	Break 4:45-5		Adult- For	4.50
5:00 5:45	Stingrays Clinic	Stingrays Clinic/Lessons	Stingrays Clinic	Stingrays Clinic/Lessons	Laps/Family		adult members only Family: Open swim for all	5:00
6:00	SwimLessons						members.	6:00
6:30 PM		Laps/Family	Laps/Family	Laps/Family			members.	6:30 PM
7:00 7:30	Laps/Family					be within ar	r 6 yrs old must m's reach of ult in the water.	7:00 7:30 PM
8:00						Children 6-7 m in the pool area a end test, wear a	ust have an adult and pass the deep- a lifejacket, or be	8:00
8:30						arm's reach in the	y an adult within e water. Children cannot pass the	
9:00						deep-end t accompanied by	est must be y an adult within e water or wear a	9:00

EMERSON POOL SCHEDULE

Effective 9/22/2025

Simple S		MON 9/22	TUE 9/23	WED	THUR 9/25	FRI 9/26	SAT	SUN 9/28	
Color	5:00	9/22	9/23	9/24	9/25	9/26	9/27	9/28	5:00
7:00 7:30 8:00 10:30 10:00 11:30 11:30 11:00 11:30 11:00 11:30 11:30 11:00 11:30 11:	5.55								5.55
7:00 7:30 8:00 10:30 10:00 11:30 11:30 11:00 11:30 11:00 11:30 11:30 11:00 11:30 11:									
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9:00 9:30 10:00 10:30 11:00 11:30 Noon 12:30 1:00 1:30 1:00 11:30 Noon 12:30 1:00 1:30 1:00 1:30 1:00 1:00 1:00 1	8:00	Laps		Laps		Laps			8:00
9:00 9:30 10:00 10:30 11:00 11:30 Noon 12:30 1:00 1:30 1:00 11:30 Noon 12:30 1:00 1:30 1:00 1:30 1:00 1:00 1:00 1	8.30				_		4		8.30
9:30 10:00 10:30 11:00 11:30 Noon 12:30 1:00 11:30 Noon 12:30 1:00 1:30 PM 2:00 2:30 2:45 3:00 3:30 4:00 4:00 4:30 Swim Lessons Swim Lessons Swim Lessons Swim Lessons Swim Lessons Aqua High/DWF Aqua High/DWF Swim Lessons Aqua High/DWF Swim Lessons Swim Lessons Aqua High/DWF T:00 Swim Lessons Swim Lessons Swim Lessons Aqua High/DWF T:00 Swim Lessons Swim Lessons Swim Lessons Swim Lessons Swim Lessons Aqua High/DWF T:00 Swim Lessons	0.50	Deep Water		Deep Water		Deep Water			0.50
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11:00	10:30								10:30
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Swim Lessons Children under 6 yrs old must be within arm's reach of supervising adult in the water. Children 6-7 must have an adult in the pool area and pass the deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. Children under 5' who cannot pass the deep-end test must be accompanied by an adult within arm's reach in the water or wear a lifejacket. 8:00 Swim Lessons Swim Lessons Swim Lessons Swim Lessons Aqua High/DWF Swim Lessons Figure 15:00 5:30 5:30 5:30 7:00 Swim Lessons Aqua High/DWF Aqua High/DWF Swim Lessons	4.20								4 30
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in the water. Children 6-7 must have an adult in the pool area and pass the deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. Children under 5' 8:00 **Bison** In the water. Children 6-7 must have an adult within arm's reach in the water. Or be accompanied by an adult within arm's reach in the water or wear a lifejacket. **Bison** In the water. Children 6-7 must have an adult in the pool area and pass the deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. Children 4-7:00 **Bison** **Bison** In the water. Children 6-7 must have an adult in the pool area and pass the deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. Children under 5' **Bison** **Bison** **Bison** In the water. Children 6-7 must have an adult within arm's reach in the water. Children under 5' **Bison** **Bison** In the water. Children 6-7 must have an adult within arm's reach in the water. Children under 5' **Bison** In the water. Children 6-7 must have an adult within arm's reach in the water. Children under 5' **Bison** In the water. Children 6-7 must have an adult within arm's reach in the water. Children under 5' In the water. Children 6-7 must have a lifejacket.									
8:00 Swim Lessons deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. Children under 5' who cannot pass the deep-end test must be accompanied by an adult within arm's reach in the water or wear a lifejacket. 8:00			J ,		J ,		in the water. Child	dren 6-7 must have	
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8:00 who cannot pass the deep-end test must be accompanied by an adult within arm's reach in the water or wear a lifejacket.					J. 1111 LC330113		accompanied by ar	adult within arm's	
must be accompanied by an adult within arm's reach in the water or wear a lifejacket.	0.00						reach in the water.	Children under 5'	0.00
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9:00	9.00						a lifej	acket.	9.00
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