

EMERSON POOL SCHEDULE

Effective **5/11/2026**

	MON 5/11	TUE 5/12	WED 5/13	THUR 5/14	FRI 5/15	SAT 5/16	SUN 5/17	
5:00								5:00
6:00								6:00
7:00								7:00
7:30								7:30
8:00	Self Directed Aquatic Fitness		Self Directed Aquatic Fitness		Self Directed Aquatic Fitness			8:00
8:30								8:30
9:00								
9:30								9:30
10:00						Swim Lessons		10:00
10:30								10:30
11:00								11:00
11:30								11:30
Noon								Noon
12:30								12:30
1:00								1:00
1:30 PM								1:30 PM
2:00								2:00
2:30								2:30
2:45								2:45
3:00								3:00
3:30								3:30
4:00		Laps/Family						4:00
4:30								4:30
5:00	Laps/Family	Swim Lessons	Laps/Family	Swim Lessons				5:00
5:30								
5:45								5:45
6:00	Laps/Family	Swim Lessons	Laps/Family	Swim Lessons	AquaHigh/ DWF	AquaHigh/ DWF		6:00
6:30								
7:00		Swim Lessons	Laps/Family	Swim Lessons				7:00
7:30								
8:00								8:00
8:30								8:30
9:00								9:00

Laps: lap member swimmers of any age.
Adult- For adult members only
Family: Open swim for all members.

Children under 6 yrs old must be within arm's reach of supervising adult in the water. **Children 6-7** must have an adult in the pool area and pass the deep-end test, wear a lifejacket, or be accompanied by an adult within arm's reach in the water. **Children under 5' who cannot pass the deep-end test** must be accompanied by an adult within arm's reach in the water or wear a lifejacket.